



# menu

*see our wine cellar window for specials of the day*

## Small Plates

**Nocellara green olives** - £2.50

**Antipasti olive mix** - £2

**Allioli** - with ciabatta £4

**Hummus** - with pitta £4

**Tzatziki** - with pitta £4

**Baba ganoush** - with pitta £4

**Harissa almonds, cashews and peanuts** - £1.50

**Habas** - fried, spiced broad beans £1.75

**Marinated anchovies** - with ciabatta £3.50

**Mixed breads** - olive oil and balsamic £4

**Garlic and rosemary** - stone baked bread £4.25

**Bencotto pesto** - stone baked bread £4.75

**Dolmades and feta** - stuffed vine leaves £4

**Aubergine and courgette Parmigiana** - mozzarella, Parmesan, tomato sauce, ciabatta £6

**Chicken pinchito** - char grilled chicken skewer, Spanish style, lemon yoghurt, bread £6

**Riso al salto** - pan fried risotto cakes with Parmesan, pancetta, onion and saffron £5

**Smoked mackerel and ricotta pâté** - toasted ciabatta £5.75

**Salsiccia cassoulet** - Italian sausage braised with tomato, onion, garlic and cannellini beans, served with ciabatta £6

**Bencotto soup** - ciabatta £4.75

**Gambas al ajillo** - Spanish style prawns in hot garlic and chilli oil, ciabatta £9.50

**Bencotto mussels** - parsley, cream and chilli, ciabatta small £6.50 large £11

## Boards

**Antipasti** - Parma ham, Napoli salami, buffalo mozzarella, plum tomato, artichoke, rocket and Parmesan, mixed olives and char grilled ciabatta small £9.50 large £18

**Meze** - char grilled halloumi, hummus, tzatziki, baba ganoush, dolmades, Greek salad, Kalamata olives and pitta bread small £11 large £19

**Tapas** - jamón Serrano, chorizo, manchego cheese, membrillo (quince jam), marinated anchovies, habas, olives, allioli and bread small £11 large £19

## Salads and Sides

**Anatra all' arancia** - smoked duck breast, orange, pancetta and walnut salad £11

**Tabbouleh** - bulgur wheat, tomato, cucumber, mint, parsley, spring onion, lemon £4

**Greek salad** - with feta small £4 large £8

**Wild rocket and Parmesan** - balsamic dressing £3

**Plum tomato** - red onion, olives, basil £3

**Green** - baby gem, spinach, wild rocket, cucumber £3

**Sautéed potatoes** £2.50

**Olive oil mash** £2.50

**Cavolo nero** £3

*If you have any dietary requirements please inform your server and we will endeavour to accommodate your needs, and provide accurate information regarding ingredients in our dishes. We stock gluten free and wholemeal pastas and brown rice.*

*We have sourced a good quality vegetarian Grana Padano cheese which we offer as our grated, table cheese.*

*Most other cheeses we use are not vegetarian, please ask your server for details.*

## Pasta

**Spaghetti Bolognese** - £9

**Tagliatelle all'anatra** - smoked duck, mushrooms, cream and honey sauce £12.50

**Rigatoni alla zucca** - butternut squash, feta, sage, toasted seeds £10.50

**Pappardelle gamberi** - prawns, chilli, garlic, tomato, onion, white wine, parsley £13

**Penne al forno** - chicken & chorizo baked in tomato sauce, topped with mozzarella £11

**Fusilli pinoli** - spinach, pine nuts, cherry tomatoes, Bencotto pesto £8

**Linguine carbonara** - smoked pancetta, wild mushroom, Pecorino, cream £11.50

## Stone Baked Pizza

**Margherita** - tomato sauce, mozzarella and basil £7.50

**Catalana** - spicy chicken, chorizo, red pepper, chilli, garlic, oregano (bianco) £10.50

**Funghi** - wild mushroom, garlic, truffle oil, rocket £11

**Salmone** - smoked salmon, dill ricotta, rocket, crispy capers £12

**Rossa** - picante salami, red pepper, red onion, tomato, chilli £10.50

**Caprino** - goat's cheese, balsamic caramelised onion, red onion, thyme £10

**Quattro carne** - salsiccia, chorizo, prosciutto, Milano salami £12

**Calzone** - garlic roast chicken, roasted veg, mozzarella, black olives, Bencotto pesto £12

## Mains

**Stifado** - Greek style slow braised beef, shallots and red wine, mashed potatoes £14

**Fish tagine** - saffron and almonds, coriander cous cous, yoghurt, pitta £11

**Chermoula marinated lamb kebab** - tabbouleh, tzatziki, pitta £16

**Briam** - Greek vegetable bake, flavoured with garlic and herbs, feta, bread £9.50

**Goat's cheese risotto** - roasted red pepper, balsamic and Parmesan £9

**Hake saltimbocca** - hake wrapped in prosciutto, sage butter sauce, sautéed potatoes, roasted tomato, cavolo nero £16

**Bencotto mussels** - parsley, cream and chilli, ciabatta £11

**Paella mixta** - with chicken, chorizo and seafood £12.50

**Pork Rib eye steak** - sautéed potatoes, roasted tomato, cavolo nero £16

## Desserts

**Tiramisu** - £5.50

**Peach and hazelnut brioche and butter pudding** - vanilla ice cream £6

**Honey roasted figs** - Greek yoghurt £5.50

**Rum and raisin panna cotta** - toffee kissed hazelnuts £6

**Chocolate fondant** - melting pudding with vanilla ice cream £6.50

**Affogato** - vanilla ice cream "drowned" with a shot of espresso, biscotto £4.50

**Lemon affogato** - lemon sorbet served with a shot of limoncello and amaretti biscuits £5.75

**Ice cream** - please ask for current flavours 2 scoops £4 3 scoops £5.50

**Bencotto cheeses** - Manchego, Fontina, Pecorino, mixed olives, ciabatta £7



a group of individual venues

Café Bencotto  
Pizza, Pasta, Mediterranean  
[www.cafebencotto.co.uk](http://www.cafebencotto.co.uk)  
01394 276745

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The View Point Cafe  
Fish and Ships  
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