



menu

see our wine cellar window for specials of the day

Small Plates

Nocellara green olives - £2.50

Antipasti olive mix - £2.25

Allioli - with ciabatta £4

Hummus - with pitta £4

Tzatziki - with pitta £4

Baba ganoush - with pitta £4

Habas - fried, spiced broad beans £1.75

Pistachios - roasted and salted £3

Marinated anchovies - with ciabatta £4

Mixed breads - olive oil and balsamic £4

Garlic and rosemary - stone baked bread £4.25

Bencotto pesto - stone baked bread £4.75

Dolmades and feta - stuffed vine leaves £4

Calamari frito - allioli, lime £6

Chicken shish kebab - marinated in yoghurt, lemon, garlic and herbs £6.50

Tostada Catalana - Serrano ham, tomato, garlic and olive oil on toast £5

Tuna testaroli - seared fresh tuna on Italian pancakes, Bencotto pesto £7.50

Courgette and feta frittata - dill yoghurt £6

Bencotto soup - ciabatta £4.75

Gambas al ajillo - Spanish style prawns in hot garlic and chilli oil, ciabatta £9.50

Boards

Antipasti - Parma ham, Napoli salami, buffalo mozzarella, plum tomato, artichoke, rocket and Parmesan, mixed olives and char grilled ciabatta small £11 large £19

Meze - char grilled halloumi, hummus, tzatziki, baba ganoush, dolmades, Greek salad, Kalamata olives and pitta bread small £11 large £19

Tapas - jamón Serrano, chorizo, manchego cheese, membrillo (quince jam), marinated anchovies, habas, olives, allioli and bread small £11 large £19

Salads and Sides

Bencotto pesto chicken - char grilled chicken breast, green salad, cherry tomatoes, garlic croutons, basil pesto dressing £11

Greek salad - with feta small £4 large £8

Plum tomato - red onion, olives, basil £3.50

Wild rocket and Parmesan - balsamic dressing £3

Green - baby gem, spinach, wild rocket, cucumber £3

Sautéed potatoes £2.50

New potatoes £2.50

Minted cous cous £2.50

Roast tomatoes £2.50

Green beans £3

If you have any dietary requirements please inform your server and we will endeavour to accommodate your needs, and provide accurate information regarding ingredients in our dishes. We stock gluten free and wholemeal pastas and brown rice.

We have sourced a good quality vegetarian Grana Padano cheese which we offer as our grated, table cheese.

Some cheeses we use are not vegetarian, please ask your server for details.

Pasta

Spaghetti Bolognese - £9.50

Tagliatelle all'anatra - smoked duck, mushrooms, cream and honey sauce £12.50

Tre formaggi - penne and spinach in a creamy 3 cheese sauce, Parmesan crust £11

Farfalle al salmone - smoked salmon, courgette, white wine, cream, garlic, lemon £12

Penne al forno - chicken & chorizo baked in tomato sauce, topped with mozzarella £11

Bucatini e polpette - spicy pork meatballs, tomato and fresh herb sauce £10.50

Linguine primavera - peas, baby broad beans, green beans, spring onion, mascarpone, mint, lemon £9.50

Stone Baked Pizza

Margherita - tomato sauce, mozzarella and basil £7.50

Catalana - spicy chicken, chorizo, red pepper, chilli, garlic, oregano (bianca) £10.50

Pugliese - fresh and sun blushed tomato, pecorino, onion, anchovy, oregano £9

Prosciutto - Parma ham, mushroom, black olives, basil £10.50

Tonno - fresh tuna, prawns, sesame oil, green olives, onion £12.50

Salsiccia - Italian sausage, artichoke, sun blushed tomato, red onion, garlic £10.50

Spinaci - creamed spinach, pine nuts, mushroom, red onion (bianca) £9

Calzone - minced beef, mozzarella, onion, arrabbiata sauce, sour cream dip £11

Mains

Stuffed chicken breast - ricotta, sun blushed tomato and basil, with sautéed potatoes, green beans and butter sauce £13.50

Pan fried sea bass fillets - on pea and saffron risotto £16.50

Lamb köfte kebab - minted cous cous, tomato and onion salad, tzatziki £14

Wild mushroom risotto - walnuts, rocket, truffle oil £12

King prawn and pancetta gnocchi - garlic, spinach, lemon £14

Ricotta and tomato tart - new potatoes, green salad £10.50

Paella de carne - chicken, chorizo, smoked chorizo, red pepper, peas £12.50

Pork rib eye steak - peppercorn sauce, sautéed potatoes, roast tomato, green beans £16

Desserts

Tiramisu - £5.50

Apricot and rosemary brioche pudding - vanilla ice cream £6

Baileys panna cotta - salted caramel and espresso sauce £6.25

Chocolate fondant - melting pudding with vanilla ice cream £6.50

Semifrio de turrón - semi frozen, almond and honey nougat dessert, orange sauce £5

Affogato - vanilla ice cream "drowned" with a shot of espresso, biscotto £4.50

Lemon affogato - lemon sorbet served with a shot of limoncello and amaretti biscuits £5.75

Ice cream - please ask for current flavours 2 scoops £4 3 scoops £5.50

Bencotto cheeses - manchego, Gorgonzola, pecorino, membrillo, ciabatta £7



a group of individual venues

Café Bencotto
Pizza, Pasta, Mediterranean
www.cafebencotto.co.uk
01394 276745

The Alex Café Bar &
The Alex Brasserie
www.alexcafebar.co.uk
01394 282958

The View Point Cafe
Fish and Ships
Landguard Peninsula
www.yeogroup.co.uk