



menu

see our wine cellar window for specials of the day

Small Plates

Halkidiki queen olives - £2.50

Antipasti olive mix - £2.25

Allioli - with ciabatta £4

Hummus - with pitta £4

Tzatziki - with pitta £4

Taramasalata - with pitta £4

Habas - fried, spiced broad beans £1.75

Pistachios - roasted and salted £3

Marinated anchovies - with ciabatta £4

Mixed breads - olive oil and balsamic £4

Garlic and rosemary - stone baked bread £4.25

Bencotto pesto - stone baked bread £4.75

Dolmades and feta - stuffed vine leaves £4.25

Crab cakes - chilli allioli £6

Char grilled halloumi and lountza - Cypriot cheese and smoked pork, cherry tomatoes £6.50

Sardines bruschetta - roast tomato and garlic sauce £6

Goat's cheese panna cotta - balsamic onions, walnuts and rocket £5.50

Pork souvlaki - char grilled marinated pork skewer, lemon, tzatziki, pitta £6

Bencotto soup - ciabatta £4.75

Gambas al ajillo - Spanish style prawns in hot garlic and chilli oil, ciabatta £9.50

Bencotto mussels - parsley, cream and chilli, ciabatta small £6.50 large £11

Boards

Antipasti - Parma ham, Napoli salami, buffalo mozzarella, plum tomato, artichoke, rocket and Parmesan, mixed olives and char grilled ciabatta small £11 large £19

Meze - char grilled halloumi, hummus, tzatziki, taramasalata, dolmades, Greek salad, Kalamata olives and pitta bread small £11 large £19

Tapas - jamón Serrano, chorizo, manchego cheese, membrillo (quince jam), marinated anchovies, habas, olives, allioli and bread small £11 large £19

Salads and Sides

Gorgonzola, pear and pecan - honey dressed spinach, rocket, baby gem, croutons £9.50

Greek salad - with feta small £4.25 large £8.50

Plum tomato - red onion, olives, basil £3.50

Wild rocket and Parmesan - balsamic dressing £3

Green - baby gem, spinach, wild rocket, cucumber £3

Beetroot, feta and mint - sumac dressing £4

Sautéed potatoes £2.50

Olive oil mash £2

Blitva £3

Roast tomatoes £2.50

Mange tout £3

If you have any dietary requirements please inform your server and we will endeavour to accommodate your needs, and provide accurate information regarding ingredients in our dishes. We stock gluten free and wholemeal pastas and brown rice.

We have sourced a good quality vegetarian Grana Padano cheese which we offer as our grated, table cheese.

Some cheeses we use are not vegetarian, please ask your server for details.

Pasta

Spaghetti Bolognese - £9.50

Tagliatelle all'anatra - smoked duck, mushrooms, cream and honey sauce £12.50

Penne al forno - chicken & chorizo baked in tomato sauce, topped with mozzarella £11

Farfalle Gorgonzola - spinach, mushroom, toasted walnuts, creamy Gorgonzola sauce £9

Linguine nero di seppia - king prawns, mussels, squid, white fish, chilli, tomato sauce £13.50

Bucatini alla gricia - pancetta, pecorino, sweet onion & black pepper £11

Fusilli Arrabbiata - courgette, onion, black olives, chilli, spicy tomato sauce £9

Stone Baked Pizza

Margherita - tomato sauce, mozzarella and basil £7.50

Catalana - spicy chicken, chorizo, red pepper, chilli, garlic, oregano (bianca) £10.50

Quattro carne - prosciutto, spicy Italian sausage, pancetta, Napoli salami £13

Caprino - goat's cheese, red pepper, caramelised onion, rocket £10

Salmone - smoked salmon, dill ricotta, shallots, green olive £12

Carciofi - artichoke, mushroom, black olive, onion £10

Contadina - spicy Italian sausage, pickled mushroom, onion, shaved fennel, basil £10.50

Calzone - garlic roast chicken, roasted vegetables, mozzarella, black olives, pesto £11

Mains

Pork tenderloin medallions - with Croatian blitva and ajvar (seasoned potatoes tossed with chard, roasted garlic and olive oil; roasted red pepper sauce) £15

Stuffed red pepper - tomato and onion risotto, with a beetroot, feta and mint salad £11

Roast loin of cod - with tomato, black olives, celery & onion, olive oil mash, mange tout £16

Boureki - Cretan courgette, potato and cheese pie with sesame seeds, Greek salad £11

Chreime - hake fillet in a Tunisian spicy sauce, lemon cous cous, pitta bread £13

Risotto Bencotto - butternut squash, pancetta, spinach, chilli and Parmesan £11

Bencotto mussels - parsley, cream and chilli, ciabatta £11

Paella mixta - with chicken, chorizo and seafood £12.50

Beef rib eye steak - sautéed potatoes, roast tomato, courgette £21

Desserts

Tiramisu - £5.50

Summer berry brioche pudding - cream £6

Torte di formaggio - lemon & ricotta cheesecake with biscuit base, lemon sauce £6

Greek yoghurt - honey, chopped pecan nuts £4.50

Chocolate fondant - melting pudding with vanilla ice cream £6.50

Affogato - vanilla ice cream "drowned" with a shot of espresso, biscotto £4.50

Lemon affogato - lemon sorbet served with a shot of limoncello and amaretti biscuits £5.75

Ice cream - please ask for current flavours 2 scoops £4 3 scoops £5.50

Bencotto cheeses - manchego, Gorgonzola, pecorino, membrillo, ciabatta £7



a group of individual venues

Café Bencotto
Pizza, Pasta, Mediterranean
www.cafebencotto.co.uk
01394 276745

The Alex Café Bar &
The Alex Brasserie
www.alexcafebar.co.uk
01394 282958

The View Point Cafe
Fish and Ships
Landguard Peninsula
www.yeogroup.co.uk