



# vegan menu

*please inform your server you are ordering from  
the vegan menu*

## Small Plates

**Halkidiki queen olives** - £2.50

**Antipasti olive mix** - £2.25

**Habas** - fried, spiced broad beans £1.75

**Pistachios** - roasted and salted £3

**Hummus** - with pitta £4

**Cashew alloli** - with ciabatta £4

**Garlic and rosemary** - stone baked bread £4.25

**Dolmades** - stuffed vine leaves £3

**Falafel** - lime and coriander cashew cream, rocket £5.50

**Vegan platter** - falafel, dolmades, hummus, cashew alloli, marinated artichoke hearts, habas, beetroot and mint salad, mixed olives and pitta bread small £11 large £19

## Salads and Sides

**Pear and pecan** - maple dressed spinach, celery, rocket, baby gem £8

**Warm artichoke** - potato, mange tout, sun dried tomato, almond, spinach, rocket and basil dressing £9.50

**Greek salad** - small £3.50 large £7

**Plum tomato** - red onion, olives, basil £3.50

**Green** - baby gem, spinach, wild rocket, cucumber £3

**Beetroot and mint** - toasted pumpkin seeds, sumac dressing £3

**Lemon cous cous** - £2.50

**Sautéed potatoes** - £2.50

**Olive oil mash** - £2

**Blitva** - £3

**Roast tomatoes** - £2.50

**Mange tout** - £3

## Pasta

**Fusilli Arrabbiata** - courgette, onion, black olives, chilli, spicy tomato sauce £9

**Farfalle con carciofi** - artichoke, mushrooms, spinach, cashew cream £8

**Polpette di funghi** - mushroom and lentil balls, marinara sauce, linguine £9

## Stone Baked Pizza

**Choose** - either tomato passata or butternut squash purée base

**Add 4 toppings** - red pepper, red onion, mushroom, artichoke, spinach, courgette, black olives, sun dried tomato, shaved fennel, caramelised onion, pickled mushroom, toasted pine nuts, fresh chilli, rocket

**Ask for** - garlic or chilli oil to finish £9.50

## Mains

**Stuffed red pepper** - tomato and onion risotto, with a beetroot and mint salad £10

**Butternut risotto** - spinach, sage, toasted seeds £8.50

## Desserts

**Chocolate brownie** - chocolate sauce £5

**Pancake stack** - banana and maple syrup £5

**Lemon affogato** - lemon sorbet "drowned" with a shot of limoncello £4.75

***Please inform your server you are ordering from the vegan menu.***

***To the best of our knowledge and endeavour the items on this menu are suitable as part of a vegan diet (provided you have informed us that you are requesting vegan food). However, we do not have separate ovens or a fryer specifically for cooking vegetarian or vegan items.***

***If you have any other dietary requirements please inform your server and we will endeavour to accommodate your needs and provide accurate information regarding ingredients in our dishes.***



a group of individual venues

Café Bencotto  
Pizza, Pasta, Mediterranean  
[www.cafebencotto.co.uk](http://www.cafebencotto.co.uk)  
01394 276745

The Alex Café Bar &  
The Alex Brasserie  
[www.alexcafebar.co.uk](http://www.alexcafebar.co.uk)  
01394 282958

The View Point Cafe  
Fish and Ships  
Landguard Peninsula  
[www.yeogroup.co.uk](http://www.yeogroup.co.uk)