

## Gluten Light Menu

### Welcome to The Alex Brasserie.

These are dishes from our menu that our chefs can adapt for you by substituting and omitting ingredients containing gluten.

However, as all our food is prepared and cooked in house, and gluten is an air-born allergen, we cannot guarantee against contamination.

**\*Please note:** Our chefs can make GF batter for your fish, and our chips are GF, but they are cooked in the same fryer as non GF items.

**Please tell your server that you are ordering from the Gluten Light Menu.**

**Please inform us if you have any other allergies, so that we can advise.**

Please tell your server if you would prefer gluten free crackers or bread, or if you wish to replace chips on a meal with a different potato.

## Appetisers & Small Plates

**Marinated olives V** £3.95

**Mersey Rock oysters, red wine & shallot vinegar**

trio £5.95 half dozen £10.95 dozen £19.95

**Soup of the day** with bread V £4.75

**Potted Arbroath Smokies**, dill mayo, toast £6.95

**Seckel pear, Stilton & endive salad**, maple dressing V £5.25

**Seared Scallops**, lemon & mint butter, peas, broad beans £8.95

**Sesame beef skewer**, Asian peanut salad, soy & ginger dressing £6.95

## From the Char Grill

*Served with your choice of potato, vegetable & chef's sauce*

**Dingley Dell pork T-bone** £16.95

**Rib beef steak** (New Yorker), field mushroom £21.95



## Mains

**Smoked haddock Florentine** £15.95

creamy mash, poached egg, wilted spinach, hollandaise

**Slow roast Gressingham duck leg** £17.95

crushed roast potatoes, baby onions & mushrooms, cherry jus

**Moules marinière & chips\*** £12.45

white wine, shallots, garlic, parsley

**Calf's liver & crispy bacon** £14.95

mash, confit shallots, fine beans, gravy

**Pan fried skate wing, lemon & caper berry butter** £17.95

new potatoes, tenderstem broccoli

**Spit roasted jerk chicken** £12.95

coriander & lime sour cream, chips\* & house salad

**Roast butternut squash V** £13.45

filled with creamy mushrooms, onions & leeks, house salad

**Battered Catch of the Day** £mp

chips\*, crushed minted peas, tartare sauce & lemon

**Potatoes** £2.50 each

Chips\* / Creamy mash / Dauphinoise / Buttered new potatoes

**Vegetables** £2.50 each

House salad / Crushed minted peas / Fine beans / Tenderstem broccoli  
Sautéed baby onions & mushrooms / Wilted spinach

**Chef's sauces** £2.25 each

Peppercorn / Red wine jus / Stilton

## Desserts

**Black Forest Pavlova**, with griottines £6.95

**Coconut bavaois**, mango coulis £4.95

**Raspberry ripple & pistachio sundae** £5.95

**The Alex ice creams & sorbets** £2 per scoop  
please ask for our current flavours

**Premium cheeseboard** £8.25  
served with crackers, piccalilli & celery

- **Suffolk Blue** from Whitegate Farm, Creeting St Mary

- **Baron Bigod** from Fen Farm Dairy, Bungay, Suffolk

- **Cave aged Cheddar** from Cheddar Gorge

## Beverages

**Purified bottled water**, still or sparkling, chilled or ambient £1 a litre

**Espresso coffee** single £1.90 double £2.30

**Americano** regular £2.10 large £2.50

**Cappuccino** £2.60

**Latte** £2.60

**Flat white** £2.70

**Hot Chocolate** £2.70

**Pot of tea** for one £1.95

**Speciality teas** - Earl Grey, Assam & various fruit teas £1.95

**Liqueur Coffees** - Tia Maria, Cointreau, brandy etc. £5

## Brasserie Food Service Times

Mon - Thurs Noon - 9.30pm

Fri - Sat Noon - 10.00pm

Sun Noon - 8.30pm



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that you are ordering from  
the gluten light menu

On Sundays we have a choice of roasts on our specials boards, with all the trimmings, all day, or until we run out.

We are licensed to buy all the fresh local fish and lobster we can from Felixstowe's fishermen. Please see our blackboards for Catch of the Day.

You don't need to book, however if you are travelling or inviting guests and wish to reserve a table please call us on 01394 282958.

We apply an optional service charge of 10% on groups of 15 or more.

Any gratuities you choose to leave are shared by all our staff, both service and kitchen.

Bon appétit.



a group of individual venues

The Alex  
Café Bar & Brasserie  
123 Undercliff Road West, Felixstowe

Café Bencotto  
Pizza, Pasta, Mediterranean  
128 Hamilton Road, Felixstowe

View Point Cafe  
Fish and Ships  
Landguard Peninsular, Felixstowe