

Gluten Light Menu

Welcome to The Alex Brasserie

These are dishes from our menu that our chefs can adapt for you by substituting and omitting ingredients containing gluten.

However, as all our food is prepared and cooked in house, and gluten is an air-born allergen, we cannot guarantee against contamination.

***Please note:** Our chefs can make GF batter for your fish, and our chips are GF, but as we are not a specialist restaurant we are unable to provide separate fryers and ovens for various diets, and they are cooked in the same fryer as non GF items. You are welcome to choose a different potato.

Please tell your server that you are ordering from the Gluten Light Menu.

Please inform us if you have any other allergies, so that we can advise.

Appetisers & Small Plates

Marinated olives V £3.95

Mersea Island Rock oysters, red wine & shallot vinegar

trio £5.95 half dozen £10.95 dozen £19.95

Soup of the day with bread V £4.75

Moules marinière, bread £6.45

Smoked pork, caramelised apple & pecan salad £4.95

Crispy sesame calamari, coriander & ginger dipping sauce £5.45

Chef's sauces £2.50 each

Peppercorn / Red wine / Stilton / Mushroom



Mains

Honey & mustard spit roasted chicken £12.95
chive crème fraiche, *chips & house salad

Smoked haddock Florentine £15.95
mash, spinach, poached egg, cheese sauce

Pan fried calf's liver & crispy bacon £14.95
wholegrain mustard mash, braised onion, sautéed greens, gravy

Moules marinière & *chips £12.95
white wine, shallots, garlic, parsley

Pan fried seabass fillets £16.95
dauphinoise potatoes, broccoli & almonds, saffron vinaigrette

Battered Catch of the Day £mp
chips*, crushed minted peas, tartare sauce & lemon

From the Chargrill

Served with your choice of potato & vegetable

Merguez sausages, harissa sour cream £12.95

8oz sirloin steak, field mushroom & a chef's sauce £23.45

Paneer tikka skewers, mango relish V £13.45

Potatoes £2.50 each

Chips* / Creamy mash / Dauphinoise / Buttered new potatoes

Vegetables £2.50 each

Sautéed greens / Crushed minted peas / Fine beans / Glazed carrots
House salad / Tomato & red onion salad

Desserts

Lemon meringue brûlée £4.95

Dark chocolate truffle, hazelnut praline £6.25

Raspberry ripple & pistachio sundae £6.45

The Alex ice creams & sorbets £2 per scoop

(Please ask for currant flavours)

English cheeseboard, crackers, celery & onion marmalade £7.95

- **Blue Stilton**

- **West country Brie**

- **Oak smoked Cheddar**

Beverages

Purified bottled water, still or sparkling, chilled or ambient £1 a litre

Espresso coffee single £1.90 double £2.30

Americano regular £2.10 large £2.50

Cappuccino £2.60

Latte / Iced latte £2.60

Flat white £2.70

Hot Chocolate £2.70

Pot of tea for one £1.95

Speciality teas - Earl Grey, Assam & various fruit teas £1.95

Liqueur Coffees - Tia Maria, Cointreau, brandy etc. £5

Brasserie Food Service Times

Mon - Thurs Noon - 2.30pm & 5.30pm - 9pm

Fri Noon - 2.30pm & 5pm - 10pm

Sat Noon - 10.00pm

Sun Noon - 9.00pm (& Public Hols)



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that you are ordering from
the gluten light menu

On Sundays we have a choice of roasts on our specials boards, with all the trimmings, all day, or until we run out.

We are licensed to buy all the fresh local fish and lobster we can from Felixstowe's fishermen. Please see our blackboards for Catch of the Day.

You don't need to book, however if you are travelling or inviting guests and wish to reserve a table please call us on 01394 282958.

We apply an optional service charge of 10% on groups of 15 or more.

Any gratuities you choose to leave are shared by all our staff, both service and kitchen.

Bon appétit.



a group of individual venues

The Alex
Café Bar & Brasserie
123 Undercliff Road West, Felixstowe

Café Bencotto
Pizza, Pasta, Mediterranean
128 Hamilton Road, Felixstowe

View Point Cafe
Fish and Ships
Landguard Peninsular, Felixstowe