

Gluten Light Menu

Welcome to The Alex Brasserie.

These are dishes from our menu that our chefs can adapt for you by substituting and omitting ingredients containing gluten.

However, as all our food is prepared and cooked in house, and gluten is an air-born allergen, we cannot guarantee against contamination.

Please note: Our chefs can make GF batter for your fish, and our chips are GF, but they are cooked in the same fryer as non GF items.

Please tell your server that you are ordering from the Gluten Light menu.

Please inform us if you have any other allergies, so that we can advise.

Please tell your server if you would prefer gluten free crackers or bread, or if you wish to replace chips on a meal with a different potato.

Appetisers & Small Plates

Marinated olives V £3.95

Rock oysters, red wine & shallot vinegar

trio £5.95 half dozen £10.95 dozen £19.95

Soup of the day with bread V £4.75

Smoked salmon terrine, pickled cucumber, bread £5.95

Warm wild mushroom & chestnut salad, truffle oil V £6.75

Pork rillettes, apple, raisin & shallot chutney, toast £5.45

Moules marinière, bread £5.95

From the Char Grill

served with house green salad, & buttered new potatoes or chips (see note)

Pork loin steaks, apple raisin & shallot chutney £11.75

Steak - 8oz sirloin £19.95 10oz rump £18.95



Mains

Pan fried sea bream fillets £16.95

dauphinoise potatoes, mange tout, rainbow chard

Calf's liver & crispy bacon £14.95

mash, confit shallots, fine beans, gravy

Moules marinière & chips (see note) £12.45

white wine, shallots, garlic, parsley

Pea, parsnip, apple & almond risotto V £11.95

Parmesan glaze, parsnip crisps

Roast loin of cod £16.95

Lyonnaise potatoes, roast tomato, fine beans, curried cauliflower

Lemon & thyme spit roast half chicken £12.75

peanut & raisin winter slaw, chips (see note)

Battered Catch of the Day £mp

chips, crushed minted peas, tartare sauce & lemon (see note)

Side Plates

Chips (see note), Creamy mash or Buttered new potatoes £2.50

Dauphinoise or Lyonnaise potatoes £3

House green salad £3

Peanut & raisin winter slaw £2.50

Crushed minted peas, Fine beans or Mange tout £3

Maple glazed carrots & parsnips or Rainbow chard £2.50

Chef's sauces - Peppercorn, Mushroom or Roast garlic mayo £2

Desserts

Rum & raisin crème brûlée £4.95

Banoffee sundae £5.95

Luxury Mövenpick ice cream £2 per scoop

GF flavours - vanilla, strawberry, mint choc chip

The Alex homemade ice creams & sorbets £2 per scoop

please ask for our current flavours

Premium Suffolk cheeseboard £8.25

served with crackers, bacon jam & celery

- **Suffolk Blue** from Whitegate Farm, Creeting St Mary

- **Baron Bigod** from Fen Farm Dairy, Bungay, Suffolk

- **Cave aged Cheddar** from Cheddar Gorge

Beverages

Purified bottled water, still or sparkling, chilled or ambient £1 a litre

Espresso coffee single £1.80 double £2.20

Americano regular £2.00 large £2.40

Cappuccino £2.50

Latte £2.50

Flat white £2.50

Hot Chocolate £2.65

Pot of tea for one £1.95

Speciality teas - Earl Grey, Assam & various fruit teas £1.95

Liqueur Coffees - Tia Maria, Cointreau, brandy etc. £5

Gluten Light Menu

Please tell your server
that you are ordering from
the gluten light menu



Christmas Bookings

Our Christmas menu is now available.
Should you wish to join a party booking for our
Christmas menu, you are welcome to order
(or pre-order if required) from this menu.

Sundays we have a choice of 2 roasts with all the trimmings until 7pm, then we switch to our Jazz East menu to accompany top notch live jazz at 8pm.

We are licensed to buy all the fresh local fish and lobster we can from Felixstowe's fishermen. Please see our blackboards for Catch of the Day.

You don't need to book, however if you are travelling or inviting guests and wish to reserve a table please call us on 01394 282958.

We do not apply a service charge. Any gratuities you choose to leave are shared by all our staff, both service and kitchen.

Bon appétit.



a group of individual venues

The Alex
Café Bar & Brasserie
123 Undercliff Road West, Felixstowe

Café Bencotto
Pizza, Pasta, Mediterranean
128 Hamilton Road, Felixstowe

View Point Cafe
Fish and Ships
Landguard Peninsular, Felixstowe