



gluten free menu

Welcome to The Alex Café Bar, this is our gluten free menu.

These are dishes from our main menu that our chefs can adapt for you by substituting and omitting ingredients containing gluten.

However, as all our food is prepared and cooked in house, and gluten is an air-borne allergen, we cannot guarantee against contamination.

When ordering from this menu

please tell your server that you require your meal to be gluten free.

Please note: Our chefs can make batter with GF flour for your fish, and our chips are GF, but they are cooked in the same fryer as non GF items.

appetisers

Mixed olives, nuts, or tortilla chips & salsa £2.95

food served
9am to 9pm
every day

all day breakfasts

GF breakfast - available until noon in high summer £10.95

- scrambled eggs, best back bacon, grilled tomato,
baked beans, sautéed mushrooms & toast

Best back bacon butty £4.95

Scrambled eggs on toast V £4.75

with mushrooms V £5.95

with bacon £6.45

with smoked salmon £8.25

2 soft poached eggs & hollandaise sauce on toast £4.95

Eggs Benedict - with Suffolk ham £6.25

Eggs Florentine - with spinach V £5.95

Eggs Blackstone - with bacon & tomato £6.95

Eggs Alligator - with avocado V £6.95

Eggs Royale - with smoked salmon £8.25

Freshly squeezed orange juice £3.45

all our
eggs are
free range

café favourites

Freshly made soup with bread V £4.75

Suffolk ham & mature Cheddar toastie with onion marmalade
(or mature Cheddar & tomato V) £7.45

BLT - bacon, lettuce & tomato toastie £7.45

Shredded duck with oriental salad & hoisin sauce £9.95

BBQ bean salad, peach & lime salsa V £7.95

Bang bang chicken with crunchy vegetable salad (peanuts) £9.75

Glazed Suffolk ham, green apple coleslaw & chips (see note) £9.95

Battered cod with chips, peas & tartare sauce (see note) £9.95

Nachos with cheese, chillies, salsa, guacamole & sour cream V £10.95

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children's meals

Breakfast - bacon, scrambled egg, beans & toast - till noon	£4.45
Freshly made soup with bread V	£2.45
Scrambled eggs on toast V	£2.75
Beans on toast V	£2.45
Beans & Cheddar cheese on toast V	£3.95
Battered cod, peas & chips (see note)	£4.95
Suffolk ham, peas & chips (see note)	£4.95
Shredded duck with oriental salad & hoisin sauce	£4.95

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side orders

Chips - please see note overleaf	£1.95
Crunchy vegetable salad	£1.95
Green apple coleslaw	£1.95
Avocado	£2.45
Sour cream or chilli jam	£1.00

sweet things

Coconut crème brûlée	£4.95
Lemon meringue sundae	£5.95
Ice cream cone or scoop	£2.00
GF flavours - vanilla, strawberry or mint choc chip	
Milkshake made with fresh milk & ice cream	£3.75

we serve Mövenpick luxury ice cream

beverages

Espresso coffee	single	£1.80	double	£2.20
Americano	regular	£2.00	large	£2.40
Flat white				£2.50
Cappuccino				£2.50
Latte\Iced latte				£2.50
Coffee frappé - double espresso milkshake with vanilla ice cream				£4.25
Hot chocolate				£2.65
Pot of tea for one				£1.95
Speciality teas - Earl Grey, Assam & various fruit teas				£1.95
Liqueur coffee or hot chocolate - Tia Maria, brandy, amaretto etc				£5.00
Freshly squeezed orange juice				£3.45
Fresh milkshake with vanilla, chocolate or strawberry ice cream				£3.75
Ice cream float - cola or lemonade & Mövenpick ice cream				£3.45



a group of individual venues in Felixstowe

The Alex
Café Bar & Brasserie
Seafont, IP11 2AF

Café Bencotto
Pizza, Pasta, Mediterranean
Town Centre, IP11 7AB

View Point Cafe
Fish and Ships
Landguard Peninsula, IP11 3TW