



# vegan menu

*please inform your server that you are ordering  
from the vegan menu*

## Small Plates

**Olives** - see specials boards £3

**Antipasti olive mix** - £2.75

**Habas** - fried, spiced broad beans £1.75

**Pistachios** - roasted and salted £3

**Hummus** - with pitta £4

**Cashew alloli** - with ciabatta £4

**Garlic and rosemary** - stone baked bread £4.25

**Dolmades** - stuffed vine leaves £3

**Falafel** - lime and coriander cashew cream, rocket £5.50

**Ajvar bruschetta** - roasted red pepper spread, walnuts, rocket £5

**Wild mushroom bruschetta** - caramelized onion, garlic £5

**Vegan platter** - falafel, dolmades, hummus, cashew alloli, marinated artichoke hearts, habas, plum tomato salad, mixed olives, pitta bread small £11 large £19

## Salads and Sides

**Orange and walnut** - spinach, wild rocket, baby gem, spring onion, cucumber, orange and Dijon dressing, garlic ciabatta £ 9.50

**Greek salad** - small £4 large £8

**Plum tomato** - red onion, olives, basil £3.75

**Green salad** - baby gem, spinach, wild rocket, cucumber £3

**Sautéed potatoes** - £2.50

**New potatoes** - £2.50

**Olive oil mash** - £2.50

**Blitva** - seasoned potatoes tossed with Swiss chard, roasted garlic and olive oil £3

**Roast tomatoes** - £2.50

**Sautéed greens** - Swiss chard, spinach, garlic £3

**Caponata** - sweet and sour Mediterranean vegetables £3

## Pasta

**Farfalle con carciofi** - artichoke, mushrooms, spinach, cashew cream £9

**Penne all'arrabbiata** - cherry tomatoes, red onion, Swiss chard, black olives, spicy tomato sauce, toasted seeds, basil £10

**Verdure verdi** - peas, leek, spring onion, mint, lemon, cashew cream £9

**Polpette di funghi** - mushroom and lentil balls, marinara sauce, linguini £9

## Stone Baked Pizza

**Choose** - either tomato sauce or butternut squash purée

**Add 4 toppings** - red pepper, white onion, wild mushrooms, red onion, capers, mushrooms, artichoke, black olives, walnuts, caramelised onion, spinach, sun-dried tomato, spring onion, plum tomato, wild rocket, toasted pine nuts, basil, fresh chilli

**Ask for** - garlic oil, sesame oil or chilli oil to finish £10

## Mains

**Falafel** - with caponata and olive oil mash £12.50

**V-sotto Bencotto** - butternut squash, spinach and chilli £9

**Wild mushroom risotto** - walnuts, rocket, truffle oil £10

## Desserts

**Cassata** - vanilla ice cream with Marsala soaked fruit and crushed biscoff £3 per scoop

**Chocolate brownie** - vanilla ice cream £6

**Pancake stack** - peach compote, hazelnuts £5

**Affogato** - vanilla ice cream "drowned" with a shot of espresso £3.75

**Lemon affogato** - lemon sorbet with a shot of limoncello £4.75

**Vanilla ice cream** - 2 scoops £4

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*To the best of our knowledge and endeavour the items on this menu are suitable as part of a vegan diet.*

*However, we do not have separate ovens or a fryer specifically for cooking vegetarian or vegan items.*

*If you have any other dietary requirements please inform your server and we will try to accommodate your needs and provide accurate information regarding the ingredients in our dishes and the risk of cross contamination.*

*We stock gluten free and wholemeal pastas and brown rice.*



a group of individual venues

Café Bencotto  
Pizza, Pasta, Mediterranean  
[www.cafebencotto.co.uk](http://www.cafebencotto.co.uk)  
01394 276745

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The View Point Cafe  
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